

Camp Helaman 2023

Farmington Stake Missionary Preparation
Weber State (June 14-16, 2023)

Arrive at the Stake Center

Wednesday Night – 4:30 PM – June 14th

Wearing: White Shirt, Tie, Slacks and Dress Shoes.

Carrying: Your Scriptures and personal items in a duffel or Suit Case
(Dinner will be provided)

What to Bring

Scriptures w/markings pencil
Copy of Preach My Gospel
Blanket & Pillow
2 white shirts (wear one, bring one)
2 pairs of pants (wear one, bring one)
1 pair of jeans
Sleeping Attire
Tennis Shoes
Flip flops
Towel (deodorant, shampoo & soap)
1 small hand towel and comb or brush
Prescribed medications and Band-Aids
Chap Stick, insect repellent, sunscreen

Personal journal and pen
Duffel bag or suit case for your items
Light weight jacket or sweatshirt
1 tie (wear to Camp Helaman)
1 pair of shorts (knee length)
2 hangers
2 or 3 t-shirts (No tank tops)
Baseball Cap / Hat
Toothbrush and toothpaste
Shaving Gear
3 sets of underclothing
3 pair of gym socks

What NOT to Bring

(If found, seen or reported, items will be confiscated and returned after camp ends)

Cellphone of any kind
DVD or Blue-ray players
Xbox / Play Station / Nintendo / Other video games

iPod / MP3 Player (no music)
TV / Lap-top / Computer / iPad
Toys / Balls / Frisbees

I have read and agree to the above items that I'm to bring as well as those items I'm to leave home. I further agree to arrive Wednesday June 14th at 4:30 **pm** and remain at Camp Helaman until released Friday June 16th at 10:30 **pm**. I agree to comply with all Camp Helaman rules. I further agree to stay with my assigned companion at ALL times. I will not leave the Farmington Stake facilities for any reason until released Friday night.

Camp Helaman participant